



NORTH CAROLINA  
COASTAL RESERVE &  
NATIONAL ESTUARINE  
RESEARCH RESERVE



# *Low Impact Development Basics for Water Quality Protection*

**April 18 & 19, 2023**



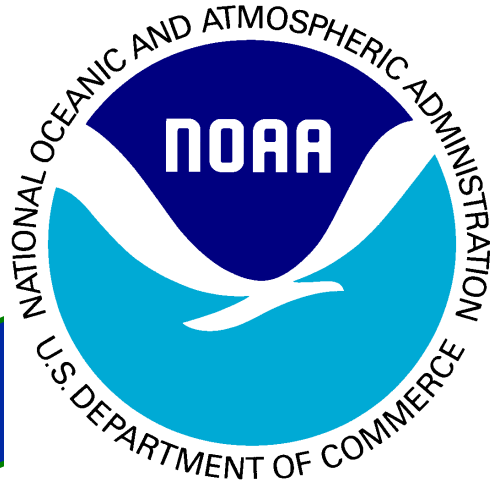
North Carolina  
Coastal Federation  
*Working Together for a Healthy Coast*

**NC STATE**

**EXTENSION**

# National Estuarine Research Reserve System

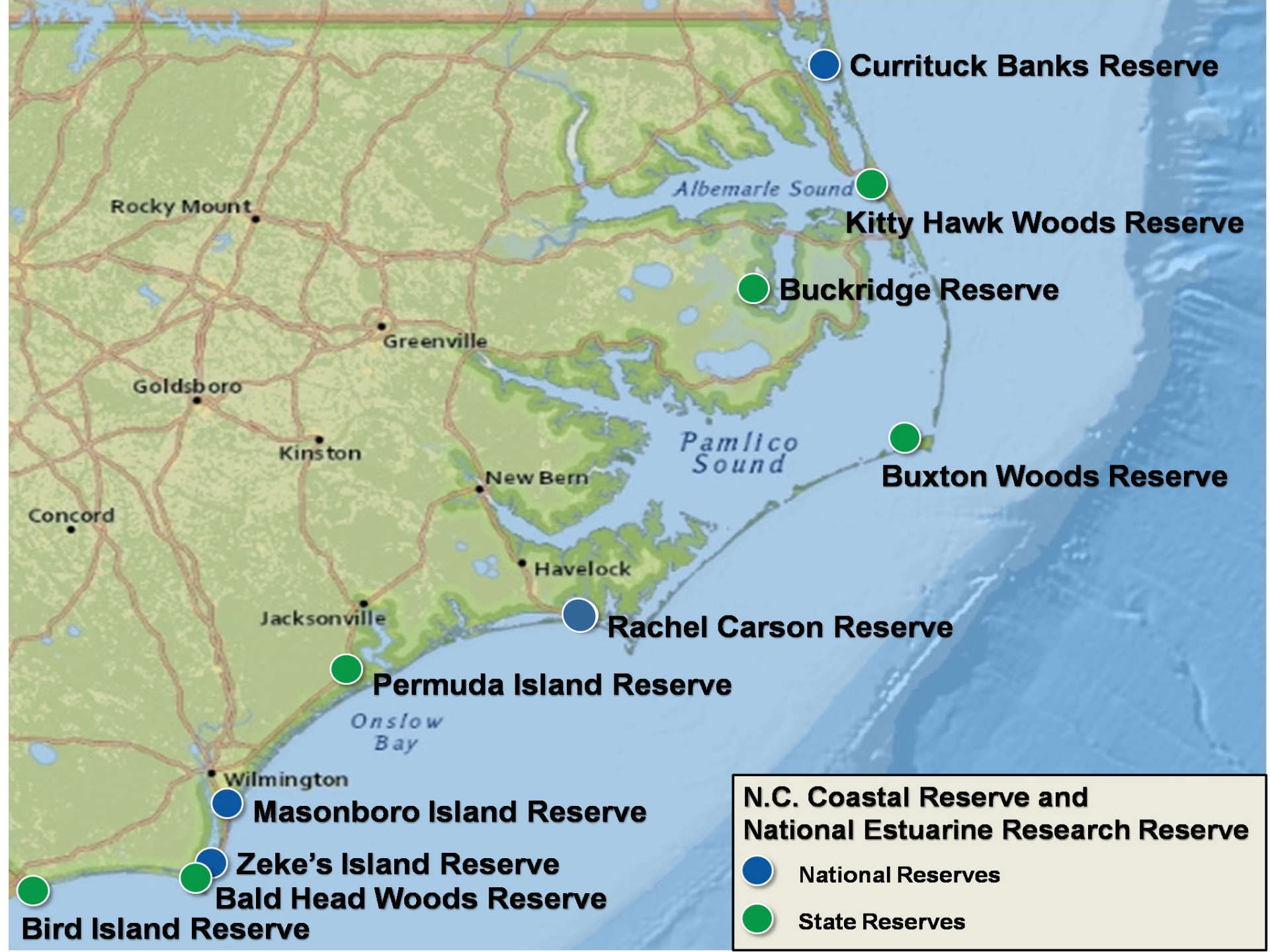




## **North Carolina Coastal Reserve**



**North Carolina  
National Estuarine Research Reserve**



● **Currituck Banks Reserve**

● **Kitty Hawk Woods Reserve**

● **Buckridge Reserve**

● **Buxton Woods Reserve**

● **Rachel Carson Reserve**

● **Permuda Island Reserve**

● **Masonboro Island Reserve**

● **Zeke's Island Reserve**

● **Bald Head Woods Reserve**

● **Bird Island Reserve**

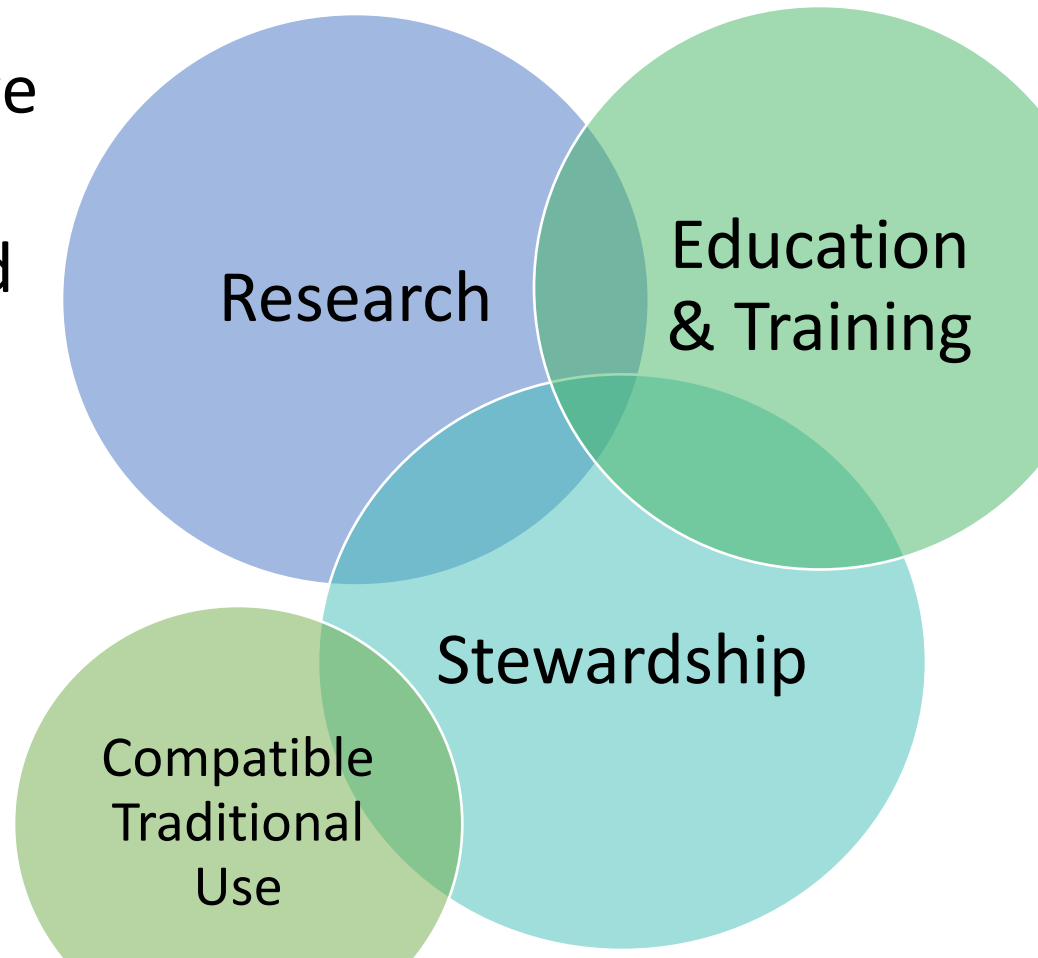
**N.C. Coastal Reserve and National Estuarine Research Reserve**

- National Reserves
- State Reserves

# Mission



To practice and promote stewardship of coasts and estuaries through innovative research, education, and training using a place-based system of protected areas.



# Social Media



North Carolina Coastal Reserve



Rachel Carson Reserve



Masonboro Island Reserve



@NCReserve



@NCReserve



# Presentations Available Online

[Home](#)

[Permits & Rules](#) ▾

[Outreach & Education](#) ▾

[Energy & Climate](#) ▾

[Conservation](#) ▾

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## Past Workshop Resources

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To obtain additional course documents from past workshops, please contact Coastal Training Program Coordinator [Whitney Jenkins](#) at 252-838-0882.

### Coastal Training Program

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[Scheduled Workshops](#)

[Past Workshops](#)

# Today's Purpose

- Learn how land use decisions impact water quality
- Learn about Low Impact Development (LID) techniques that help protect water quality
- Learn about the costs and benefits of implementing LID
- Learn about managing stormwater control measures (SCMs) to meet state and local regulations and to maintain functionality and aesthetics
- Discuss how we can influence the use of LID within the development community
- Provide you continuing education credits while increasing your professional knowledge



# Agenda

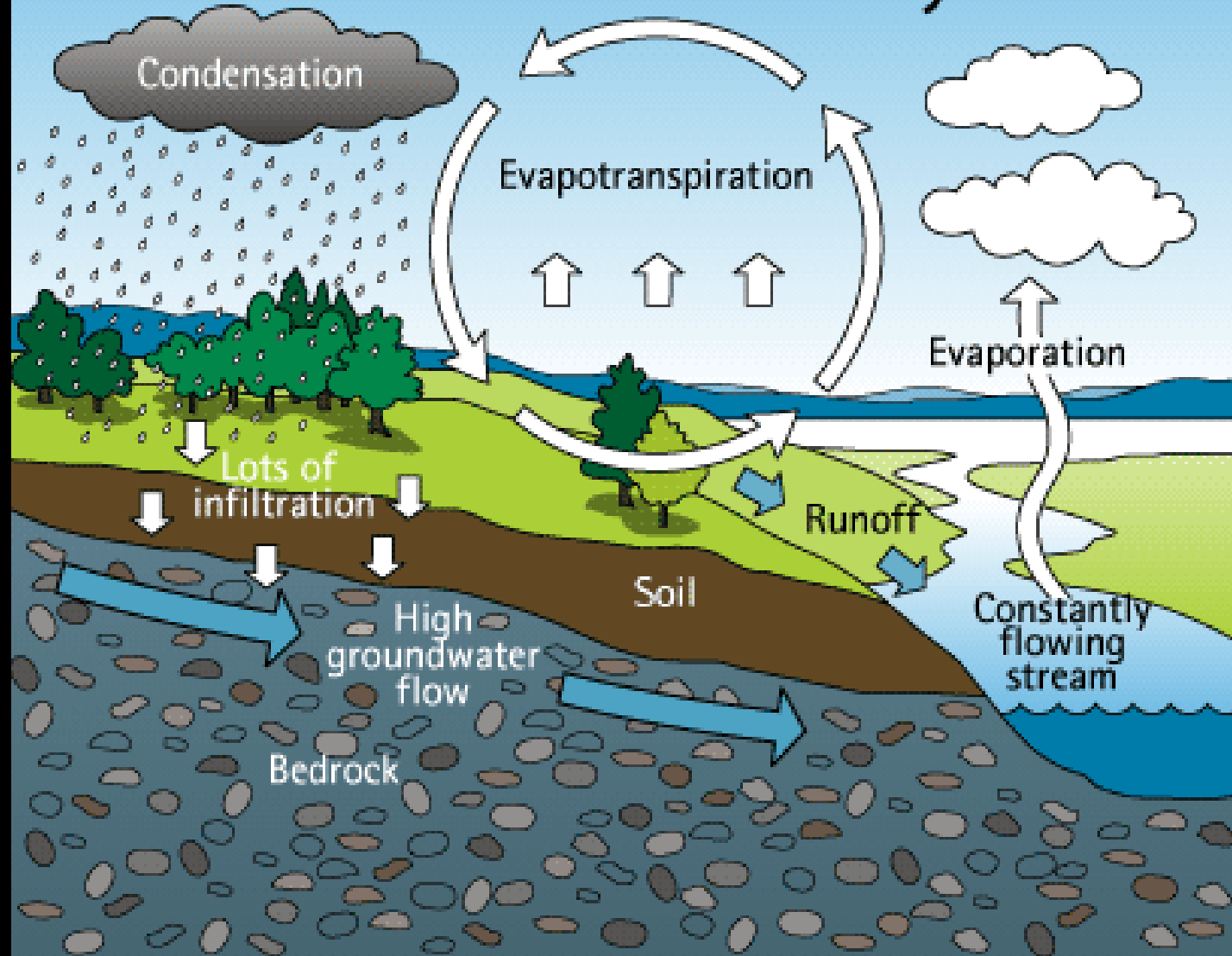
- The Land Use - Water Quality Connection – Whitney Jenkins
- The North Carolina Watershed Game
- Break
- Low Impact Development (LID) Basics – Whitney Jenkins
- Why LID makes Economic Sense – Lauren Kolodij, North Carolina Coastal Federation
- Break
- Maintenance Costs of Stormwater Control Measures in North Carolina – Sarah Waickowski & Amber Ellis, N.C. State University
- Break
- Group Discussion: How do we influence LID within the development community? John Lennon, River Bluffs Development Corporation, Lauren Kolodij & Whitney Jenkins
- Adjourn

# Logistics

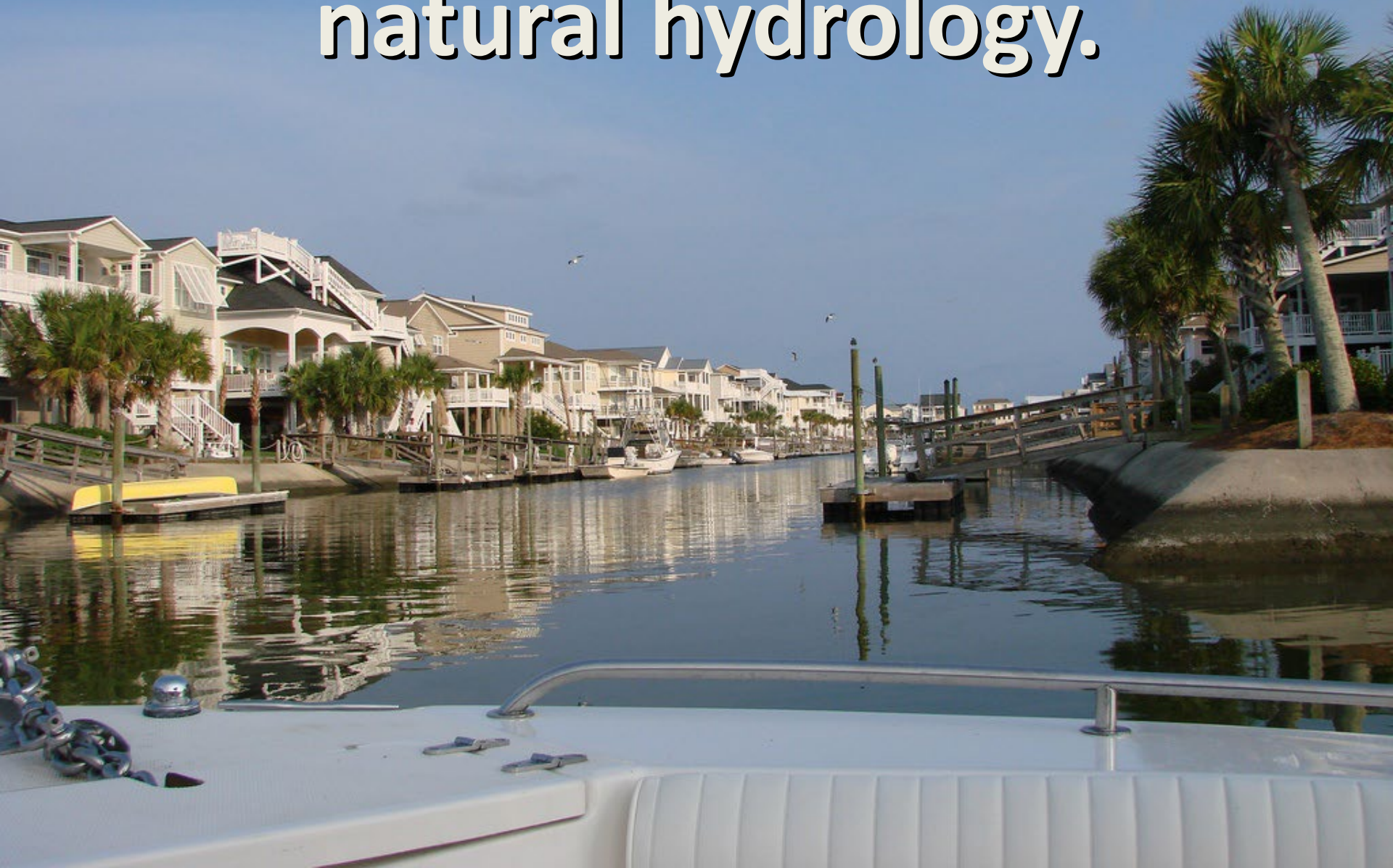
- Your certificate of completion will be available at the end of today's class
- I will upload your license numbers to the NC Real Estate Commission this week
- I will send you an email this week that will include:
  - Workshop web page with links to presentations and resources
  - Workshop evaluation

# **The Land Use – Water Quality Connection**

# The natural water cycle



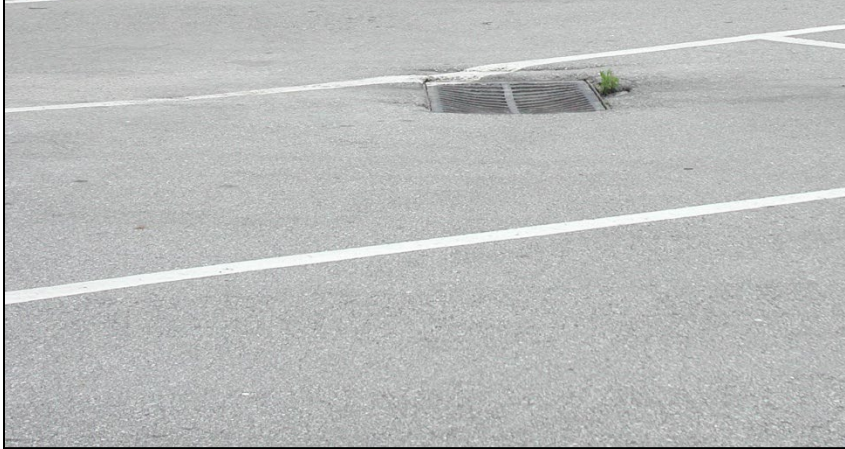
**We have changed the  
natural hydrology.**



# Parking Lots



# Parking Lots Continued



# Parking Lot & Street Runoff





# Ditching





**Cul-De-Sacs**

# Rooftop Runoff



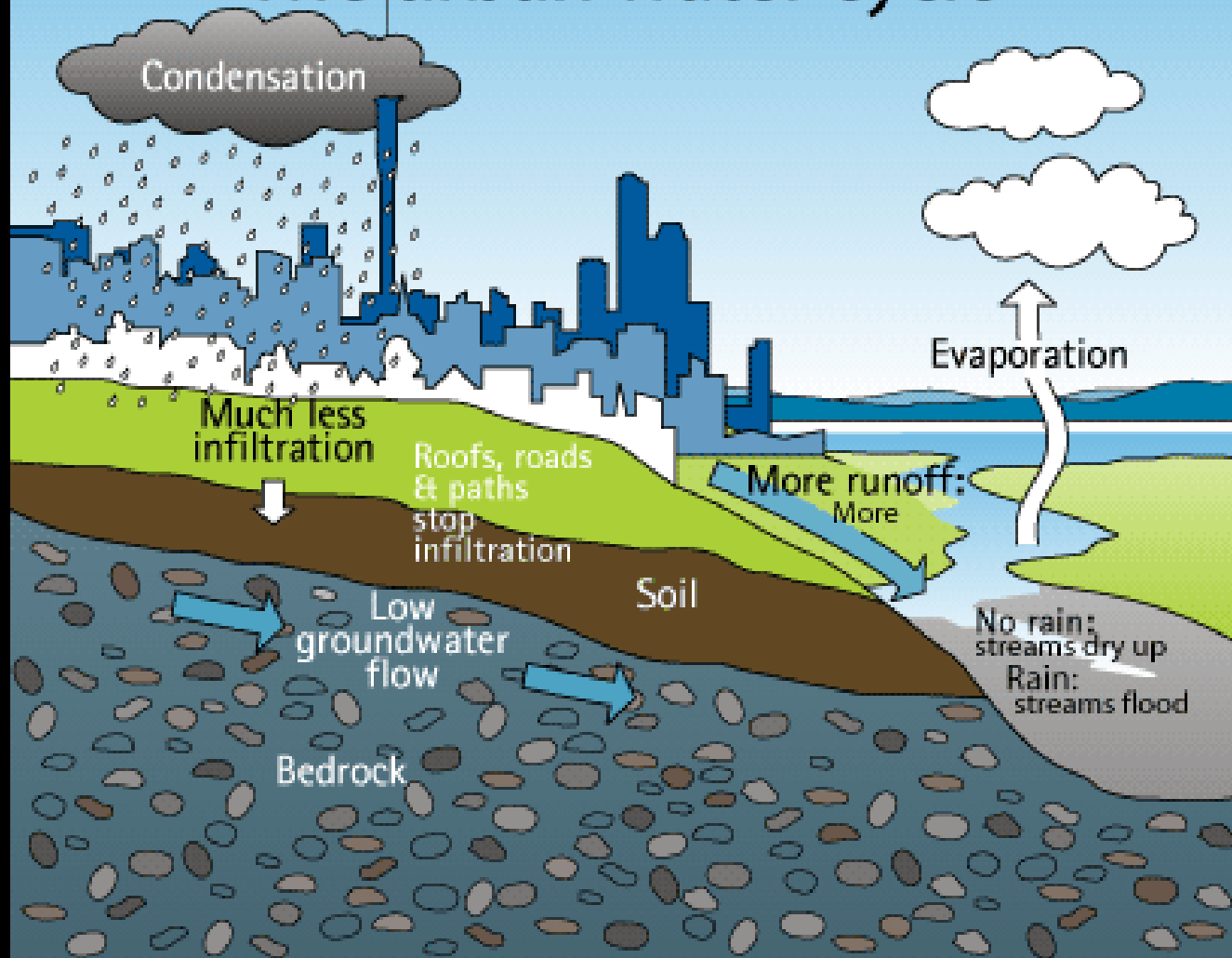
# Curbs and Gutters



# Vegetated Buffers & Living Shorelines



# The urban water cycle



# What is a watershed?

- A. An area of land defined by topography, not political boundaries?
- B. An area of land that catches rain and drains or seeps into a marsh, stream, river, or groundwater
- C. An area of land located in a river basin
- D. All of the above

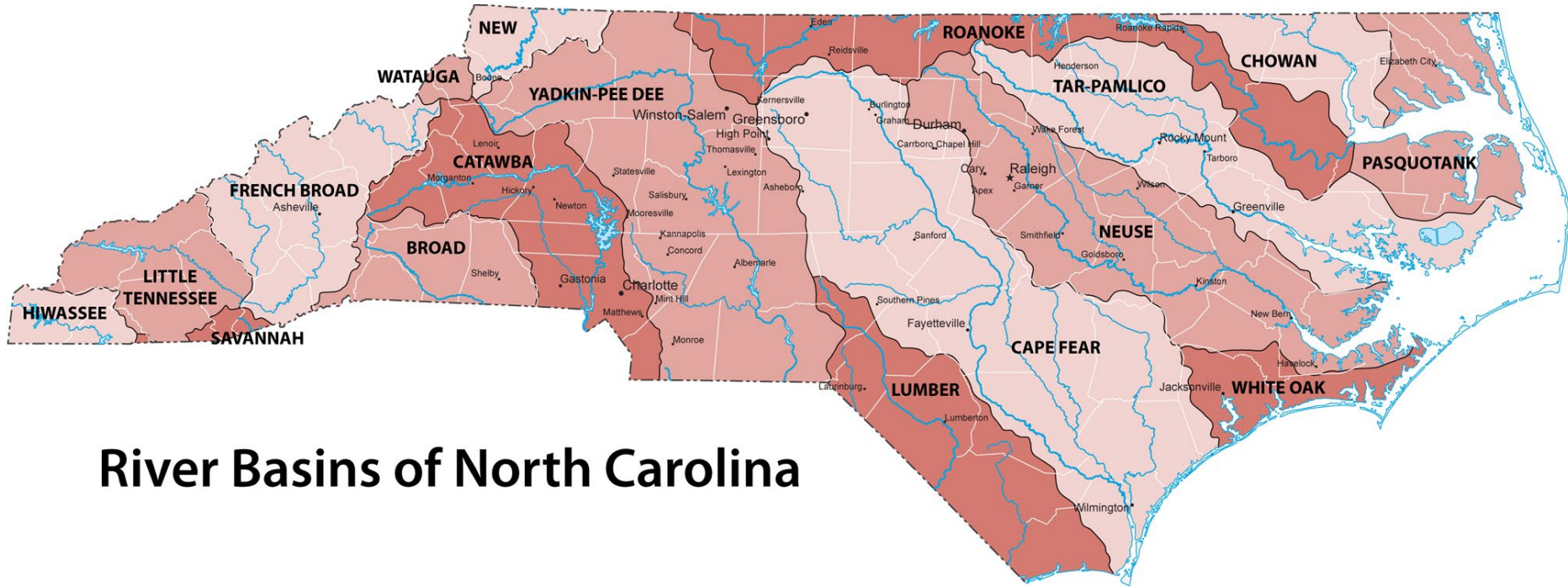
# What is a Watershed?





What North Carolina River Basin do you live in?

- A. Cape Fear
- B. Chowan
- C. Lumber
- D. Neuse
- E. Pasquotank
- F. Roanoke
- G. Tar-Pamlico
- H. White Oak
- I. Other
- J. Don't know



**River Basins of North Carolina**



What are the intended uses of our water resources?

- A. Aquatic life habitat
- B. Drinking water
- C. Swimming and fishing
- D. All of the above

# Intended Uses of Water Resources



- Aquatic life habitat
- Drinking water
- Swimming
- Fishing

# What is a Water Quality Impairment?

The inability of a water resource to meet its intended uses.

For example, an estuary is impaired when high levels of bacteria ban the harvesting of oysters.

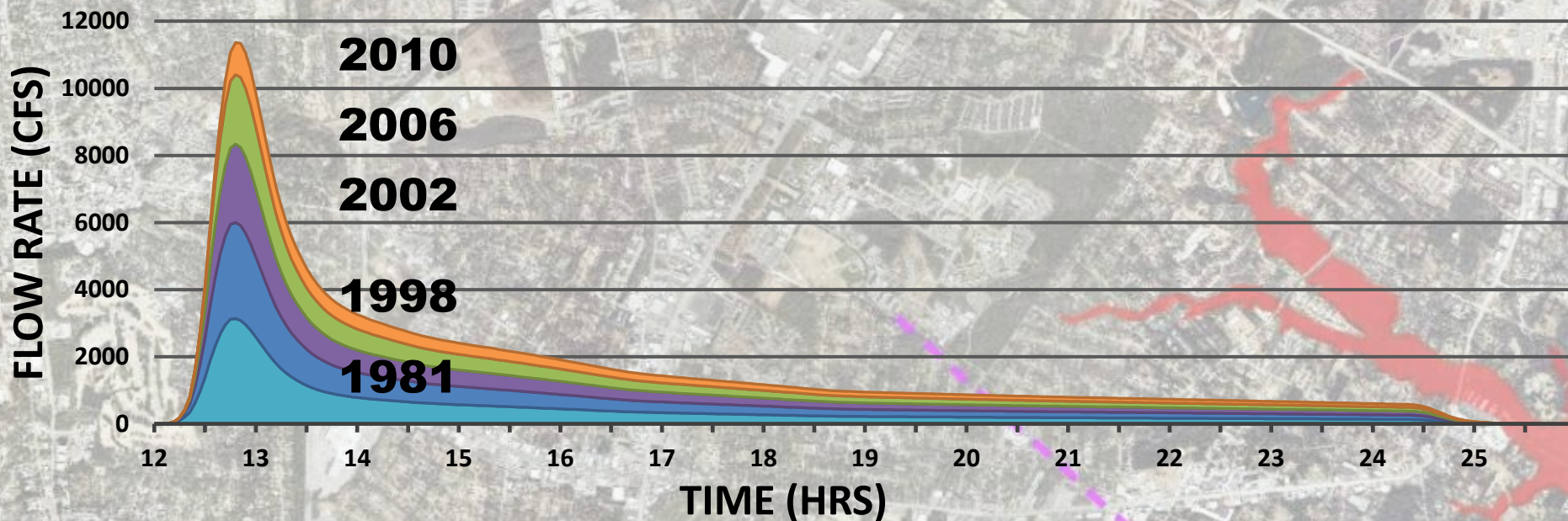
# Shellfish Water Harvest Closure Map

<https://ncdenr.maps.arcgis.com/apps/webappviewer/index.html?id=5759aa19d7484a3b82a8e440fba643aa>

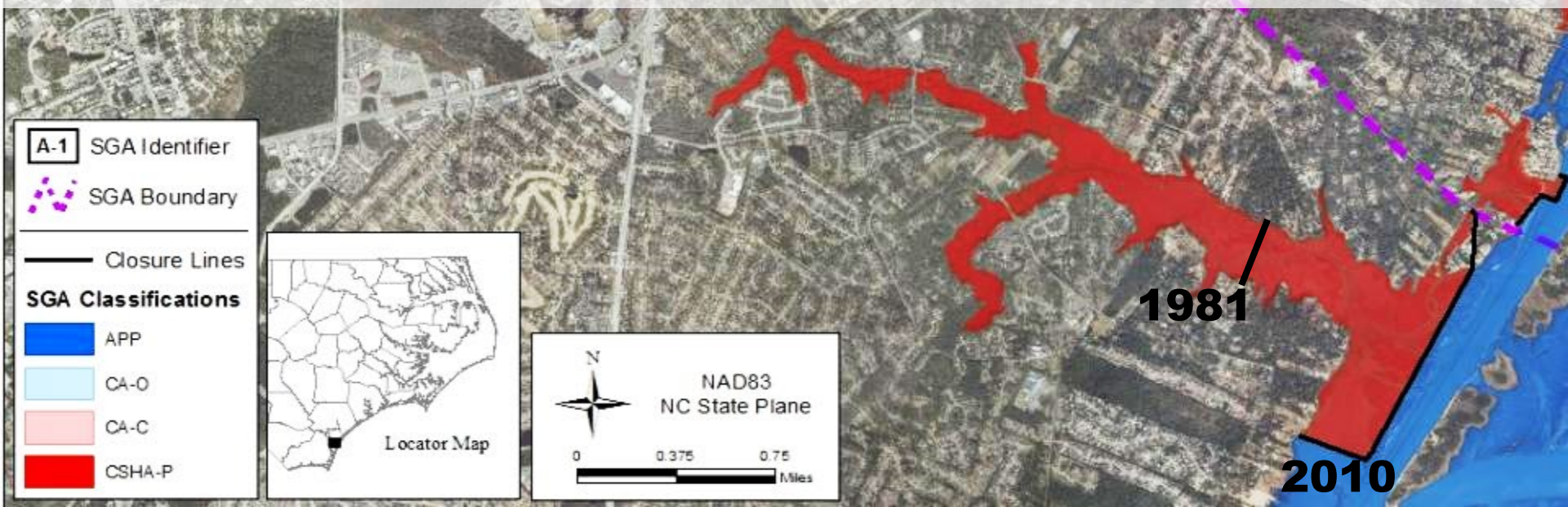
## Swimming Advisory Map

<https://ncdenr.maps.arcgis.com/apps/webappviewer/index.html?id=3a38378983874a88aeaf6c3027292587>

# HEWLETTS CREEK WATERSHED 1-YR STORM HYDROGRAPHS



# CHANGES IN SHELLFISH CLOSURE BOUNDARIES





# Pollution Sources: Point Source



# Pollution Sources: Nonpoint Source



# Pollutants of Concern

- **Nutrients**- nitrogen and phosphorus can lead to algal blooms, eutrophication, and fish kills
- **Microbes**- public health risk, can lead to closure of fishing areas and loss of revenue (i.e. bacteria, viruses, parasites)
- **Sediment**- clogs drainageways, clouds rivers, and degrades aquatic habitat



**Nutrients**



# Nutrients



# Eutrophication



# Nutrients & Microbes





# Nutrients & Microbes



# Nutrients & Microbes





# Nutrients & Microbes



**Nutrients & Microbes**



# Nutrients & Microbes

# Nutrients & Microbes



# Nutrients & Microbes



# CLOSED AREA

UNLAWFUL TO TAKE OYSTERS,  
CLAMS, OR MUSSELS.  
SHELLFISH MAY CAUSE  
SERIOUS ILLNESS IF EATEN.



NC MARINE FISHERIES





# **ATTENTION**

**SWIMMING IN THIS AREA  
IS NOT RECOMMENDED.**

**BACTERIA TESTING  
INDICATES LEVELS OF  
CONTAMINATION THAT  
MAY BE HAZARDOUS TO  
YOUR HEALTH. THIS  
ADVISORY AFFECTS  
WATERS WITHIN 200'  
OF THIS SIGN.**

**OFFICE OF THE STATE HEALTH DIRECTOR**

# Sediment



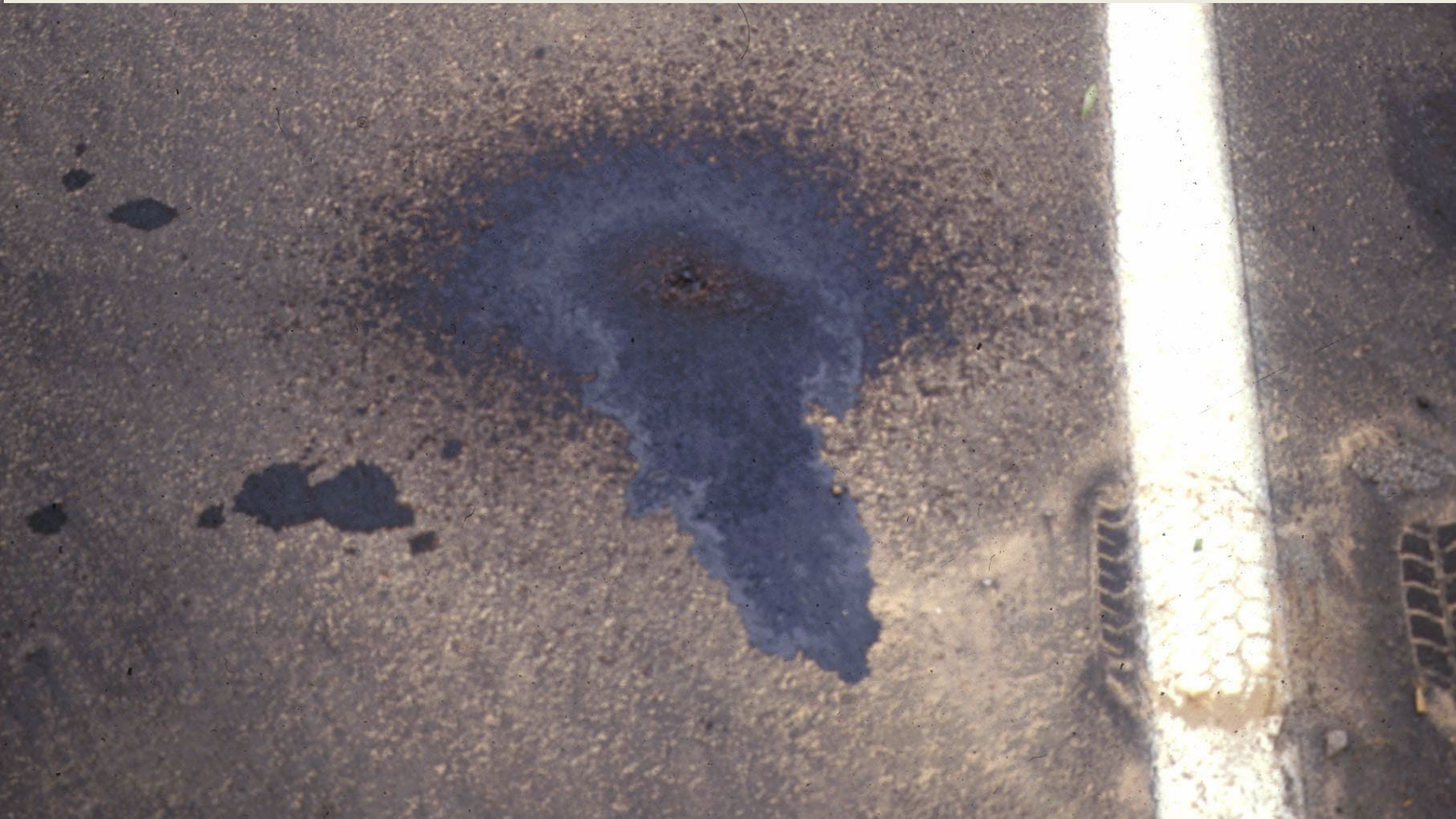


**Sediment**



**Sediment**

**Stormwater pollutants also include any materials that can build up on impervious surfaces: oil, grease, trash, auto fluids, dirt, etc.**



# So what's the bottom line...

- Everything is connected
- What we do on the land affects...
  - Water quality
  - Animal habitat
  - Our economy (i.e. tourism, commercial fishing)
  - Our quality of life
- It has been proven that conventional development does not protect water quality
- We can develop the land AND protect water quality

# Towards a more sustainable urban water cycle



# Watershed Game

## Overall Goals:

- Introduce concepts
- Be involved in land use decisions
- Wear different hats
- Learn from each other



# Watershed Game

- Board is a fictional watershed
- Currently, there are 300 pollution units entering the waterbody, including upstream sources

Algal blooms are occurring periodically  
& there were fish kills this summer.  
What can cause this?

- A. Excess nutrients
- B. Bacteria
- C. Viruses
- D. Sediment
- E. All of the above

Submerged aquatic vegetation (or seagrass) has been lost in some areas of the sound because the sunlight cannot reach the plants. What can cause this?

- A. Excess nutrients
- B. Bacteria
- C. Viruses
- D. Sediment
- E. All of the above

Oyster beds have been closed to harvesting. This is due to high levels of bacteria found in the water. Where are the microbes coming from?

- A. Pet waste
- B. Wildlife waste
- C. Failing septic systems
- D. Sewer system overflows
- E. Improperly managed livestock
- F. Marinas with no pump-out stations
- G. All of the above

# Watershed Game

This waterbody isn't meeting its intended uses!

# Watershed Game

- There needs to be a reduction in pollution reaching the waterbody
- **Goal:** Reduce the pollution load to the sound to the pre-established limit of **130 pollution units**
- Local government, businesses, & residents have decided to reduce pollution coming from stormwater before new rules are imposed upon them

# Watershed Game

- There are five land uses on this game board
  - Agriculture/Forest
  - Residential
  - Downtown
  - Commercial
  - Park/Golf Course/Undeveloped
- You will be divided into game groups
- Two or three-person teams for each land use
- Each land use has five “solution cards” that can be played to reduce pollution, but all cost “money”

# Rules of Game

- Each team gets a budget of 6 candies
- Each team plays 1 solution card per round and explains the card and why it was chosen
- Pay the banker after playing the solution card
- Teams cannot swap solution cards
- After each round the banker will determine the new pollution unit amount for the waterbody
- Goal: reduce pollution (as a group) from 300 to 130 units
- **Have fun!**