

Want Clean Air?



Converving Energy Prevent, Air Pollution and Save, Money!



www.ncair.org 1-888-RU4NCAIR (1-888-784-6224)



Vont Clean Air You Can Help

Most air pollution comes from burning - the fuel in our car and truck engines, coal in electric power plants, and wood or trash in fires. Air pollution is unhealthy to breathe and can make us sick. It can harm plants and wildlife while causing problems such as climate change and acid rain.

Conserving energy is the best way to clear the air, and it saves you money. That's because we burn fuel to make energy - coal to generate electricity for homes and businesses, and the gasoline and diesel to run cars and trucks. Recycling and reusing saves the energy needed to make new products. You also can reduce air pollution by not burning outdoors.



Tips for Reducing Air Pollution

At Home

- Set thermostats lower in winter, and higher in the summer
- Ask your power company about energy-saving services
- Turn off unused lights, appliances and computers
- Use compact fluorescent light bulbs
- Buy energy-efficient appliances (Energy Star)
- Improve home insulation
- Lower temperatures and use timers on hot water heaters
- Recycle bottles, cans, paper and other materials
- Never burn trash or other man-made materials
- Compost yard waste instead of burning it
- Use hand or electric-powered yard equipment



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On the Road

- Drive less
- Carpool, walk, bike or ride the bus
- Combine trips
- Keep your car tuned up
- Maintain correct air pressure in tires
- Buy a more fuel-efficient car or truck
- Avoid rapid acceleration, speeding and unnecessary idling

At School or Work

- Take your lunch rather than eating out
- Walk rather than drive to lunch
- Carpool or commute by bus or transit
- Ask your employer about commuter benefits
- Turn off lights and computers when not in use
- Recycle waste paper, printer cartridges and other materials
- Copy and print double-sided when possible